

## **Health and Nutrition Workshop by MNR Medical College**

**A Health and Nutrition Workshop was conducted for 100 BSG students on 29th August 2025. A team of five doctors from MNR Medical College led the session, focusing on the importance of good health, balanced diet, and preventive care.**



**Notably, Dr. Taruna and Dr. Amulya, distinguished alumni of Bhavan's, participated in the program, inspiring students with their journey from being Bhavanites to accomplished doctors. The interactive session helped students gain valuable insights into adopting healthy lifestyle practices.**